Your Not Alone Support is Here

The team at PSRCS realizes that having yourself or a loved one diagnosed and going through those steps can be overwhelming.

Often we are handed so much paperwork and information that it becomes overwhelming. We need to figure out the questions to ask or where to turn. Well, look no further. Meet Shelly Jaques & Jessica Nielsen. These two mothers remain to advocate for their children while empowering others to do the same. They will become an essential member in your support team.



Jessica Nielsen Shelly Jaques

Prevention Before it Becomes an Emergency

Our Services

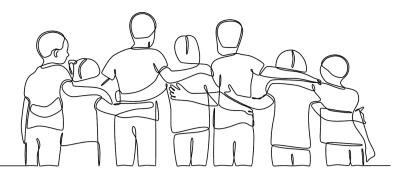
- Step-by-step guidance and Mentorship to apply for and find resources to fit your needs.
- Organization & Planning Support
- Resource & Agency Connection
- Application Support
- Help build advocacy skills and partake in advocating between resource providers & agencies.
- PSRCS members become a line of support for your care team.
- Workshops, Events & much more

Contact Us

877-359-3211

www.parentsurvival.ca parentsurvivalguide@gmail.com

We Love What You Do, Let's Team Up



Parent's Survival

Resource & Connection Society

WE LOVE WHAT YOU DO,

Let's Team Up



<u>www.parentsurvival.ca</u>

"Supporting others, It is our ultimate goal and as parents of special needs children ourselves, WE UNDERSTAND"

www.parentsurvival.ca



What Exactly Does PSRCS Do?

Parent's Survival Resource & Connection
Society (also known as PSRCS) works to
empower, connect, guide, and improve the
well-being / mental health of the many
people affected by disabilities & their
caregivers. We do this by equipping each
person with the necessary skills, resources,
and tailored help they need to thrive.

How Can I Apply for Support?



You Do Not Need A Referral!

You can sign up with us, or you may be referred by medical personnel or agency.

To apply for support, we invite you to contact us at **www. parentsurvival.ca** and sign up through our **Book Now Button** on the website. Once there, you will be asked a short questionnaire.

How Do We Stand Apart?

Parent's Survival Resource & Connection Society understands that caregivers work outside of 9 to 5 hours, so we try to build flexible support that works for everyone.

We meet with you in whatever environment works for you, as we understand that some of our caregivers have mobility or other restrictions that could hinder their support.

PSRCS also works to build solid, long-lasting partnerships with local organizations and service providers with the same interests in the disability community.

