Community Service Programs – February

Facilities closed February 19

Coleman Sports Complex

Public Skating

Monday 3:30pm – 5:15pm Thursday 12:00pm – 1:00pm Friday 6:30pm - 7:45pm Sunday 5:15pm-6:15pm

Parent/Tot, Sr. Skate-Tues.12:00-1:00pm Thurs.1:00pm-2:00pm

Senior Skate – Tuesday/Thursday 1:00-2:00pm Twigs and Tikes – Thursday 3:45pm-4:45pm

Adult Shinny Tues/Thurs 2:30-3:30pm Sunday 6:30-7:30pm



Monday February 19 MDM and Sports Complex

M.D. McEachern Community Centre

Gymwalk

Monday to Friday 12:00am - 1:00pm Cancelled Feb. 19

Exercise for LIFE - Adult Fitness Program

Tuesdays and Thursdays - 10:00am - 11:00am

Pickle Ball

Mondays 9:30am-11:30am Cancelled Feb. 19 Thursdays 1:30pm - 3:30pm Fridays 6:00pm-8:00pm Sundays – 12:00pm-2:00pm Advanced play, 2:00-5:00pm Beginner Play. Cancelled Feb. 11 \$5.00 drop-in fee.

Open Gym

Fridays 1:30pm - 3:30pm

Spring Bootcamp

Tuesday and Thursday 6:30am-8:30am March 5-28

This is a high intensity training circuit using functional fitness exercises on full

body workouts. All levels welcome. Join us when it works for you during scheduled time.

Registration info please call Community Services 403-563-2208

8 classes \$100.00+GST. Classes located Corner Hub 2013 Main St Blairmore

<u>Drums Alive</u>

Wednesdays February 7 – March 27 Corner Hub Blairmore

\$75 +GST Monthly rates available Drop In Fee \$15.00 6:00pm-7:00pm Ages 12 and up. Equipment Supplied

Drums Alive joins the dynamic movements of aerobic dance with the pulsating rhythms of the drum. It is a unique sensory/motor program that is designed to give the mind and body instant feedback through continuous movement and rhythmical flow.

<u>Challenger Sports Soccer Camp – Crowsnest Pass</u>

Free Jersey with Early Registration, Sign up today at challengersports.com!

August 12th - 16th





Event Calendar and updates on www.crowsnestpass.com Municipal FB page and CNP Rec Desk For more info or to register call Community Services Office at 403-563-2208



Southern Alberta Summer Games July 3-6th Coaldale AB Registration coming soon in May!