

Community Service Programs – March Facilities Closed March 29-April 1

Coleman Sports Complex

Programming ends March 24

Public Skating

Monday 3:30pm – 5:15pm

Thursday 12:00pm – 1:00pm

Friday 6:30pm - 7:45pm

Sunday 5:15pm-6:15pm

Parent/Tot, Sr. Skate–Tues.12:00-1:00pm Thurs.1:00pm-2:00pm

Senior Skate – Tuesday/Thursday 1:00-2:00pm

Twigs and Tikes – Thursday 3:45pm-4:45pm

Adult Shinny Tues/Thurs 2:30-3:30pm Sunday 6:30-7:30pm

Gymwalk

Monday to Friday 12:00pm - 1:00pm Cancelled Mar. 22

Exercise for LIFE – Adult Fitness Program

Tuesdays and Thursdays - 10:00am - 11:00am

Pickle Ball

Mondays 9:30am-11:30am (March 18 10:30am-12:00pm, Cancelled Mar. 25)

Thursdays 1:30pm - 3:30pm

Fridays 6:00pm-8:00pm (Cancelled March 23)

Sundays – 12:00pm-2:00pm Advanced play, 2:00pm-5:00pm Beginner Play. Cancelled March 24
\$5.00 drop-in fee.

Open Gym

1:30pm -3:30pm

Spring Bootcamp

Tuesday and Thursday 6:30am-8:30am March 5-28

This is a high intensity training circuit using functional fitness exercises on full body workouts. All levels welcome. Join us when it works for you during scheduled time.

Registration info please call Community Services 403-563-2208

8 classes \$100.00+GST. Classes located Corner Hub 2013 Main St Blairmore

Drums Alive

Wednesdays February 7 – March 27 Corner Hub Blairmore

\$75 +GST Monthly rates available Drop In Fee \$15.00 6:00pm-7:00pm Ages 12 and up. Equipment Supplied

Drums Alive joins the dynamic movements of aerobic dance with the pulsating rhythms of the drum. It is a unique sensory/motor program that is designed to give the mind and body instant feedback through continuous movement and rhythmical flow.

Challenger Sports Soccer Camp – Crowsnest Pass

Free Jersey with Early Registration,

Sign up today at challengersports.com!

August 12th - 16th



Event Calendar and
updates on
www.crowsnestpass.com
Municipal FB page and
CNP Rec Desk
For more info or to
register call Community
Services Office at
403-563-2208

Southern Alberta Summer Games July 3-6th Coaldale AB Registration coming soon in May

Register for 5/10KM Run, 3 on 3 Basketball, Athletics (Track & Field), Cribbage, Ball Hockey, Mini Soccer, Baseball, Soccer, Badminton, Photography, Swimming, Beach Volleyball, Equestrian, Waterskiing/Water Sports, Lacrosse, Pickleball, Flag Football, Mountain Biking, Archery

Go Team Crowsnest!!

Spring-Summer Registration Night

Everyone Welcome!

Wednesday March 13, 2024

MDM Community Center - Gymnasium

2802-222 Street Bellevue

5:30 p.m. to 7:00 p.m.

Various community and recreational service groups throughout the Crowsnest Pass will be participating in a registration and information night. It's a great opportunity to find out information on different opportunities, spring -summer programs and register at the same time.

For all ages, old or new to the community.

Available to you and your family - One Night - One Location

If your group would like to attend.

Please call Tracey at 563-2208. Tables available!

Mustang's Football, Crowsnest Pass Golf Club, Kidsport, 40 Assets, CNP Minor Soccer, CNP Minor Ball, Pass Piranha Swim Club, U of C Health and Wellness(EXEL), Challenger Sports Soccer Camp, Warrior Fitness, CNP Adult Education, Fitness Classes and More....



Martial Arts- Warrior Fitness

April 9 – May 30 – Corner Hub Blairmore Main Street

Little Ninja's (Ages 6-8) Tuesday 4:30-5:00pm \$75.00

Rumble Kids (Ages 9-11) Tuesday 5:15-5:45pm \$75.00

Warrior's (Ages 12-15) Thursdays 5:00-5:45pm \$75.00

Muay Thai (Ages 16+) Tuesday and Thursdays 6:00-7:30pm \$320.00+GST

The youth program will learn not only how to defend themselves, they will learn important life skills, such as self-discipline, problem solving, goal setting and social skills.

The adult program for 16+ is a combination of Muay Thai and Dutch/K1 style kickboxing. It has gained massive popularity as one of the most reliable means to get into serious shape. If you are nervous about taking a class, the reality is that most practitioners are not interested in competing but are instead looking for something that will yield the results as promised.

The program is coached by world class coach Daniel Ravenhouse who has trained world champions in kickboxing and MMA, and coaches Meghan and Simone.