

Community Service Programs – May

Coleman Sports Complex

CCHS Graduation May 10

McEachern Community Centre

Gymwalk

Monday to Friday 12:00pm - 1:00pm

Exercise for LIFE – Adult Fitness Program

Tuesdays and Thursdays - 10:00am - 11:00am

Pickle Ball

Mondays 9:00am-11:00am

Thursdays 1:30pm - 3:30pm

Fridays 6:00pm-8:00pm

Sundays – 12:00pm-2:00pm Advanced play, 2:00pm-5:00pm Beginner Play

\$5.00 drop-in fee.

Open Gym

1:30pm -3:30pm Fridays

Corner Hub- Blairmore

Drums Alive

Tuesdays April 9 – May 28 Corner Hub Blairmore

\$80+GST Monthly rates available Drop In Fee \$15.00 6:00pm-7:00pm Ages 12 and up. Equipment Supplied

Drums Alive joins the dynamic movements of aerobic dance with the pulsating rhythms of the drum. It is a unique sensory/motor program that is designed to give the mind and body instant feedback through continuous movement and rhythmical flow.

Event Calendar and
updates on
www.crowsnestpass.com
Municipal FB page and
CNP Rec Desk
For more info or to
register call Community
Services Office at
403-563-2208

Challenger Sports Soccer Camp – Crowsnest Pass

Free Jersey with Early Registration,
Sign up today at challengersports.com
August 12th - 16th



Martial Arts- Warrior Fitness

April 8 – June 3 – Corner Hub Blairmore Main Street

Little Ninja's (Ages 6-8) Monday 4:30-5:00pm

Rumble Kids (Ages 9-11) Monday 5:15-5:45pm

Muay Thai (Ages 16+) Monday and Wednesdays 6:00-7:30pm

The youth program will learn not only how to defend themselves, but they will also learn important life skills, such as self-discipline, problem solving, goal setting and social skills.
Call 403-5563-2208 for more info

The adult program for 16+ is a combination of Muay Thai and Dutch/K1 style kickboxing. It has gained massive popularity as one of the most reliable means to get into serious shape. If you are nervous about taking a class, the reality is that most practitioners are not interested in competing but are instead looking for something that will yield the results as promised.
The program is coached by world class coach Daniel Ravenhouse who has trained world champions in kickboxing and MMA, and coaches Meghan and Simone.

Southern Alberta Summer Games July 3-6th Coaldale AB

Registration is now open May 6 - 31

For Info call your Regional Director at 403-563-2208

Register for 3/5/10KM Run, 3 on 3 Basketball, Athletics (Track & Field), Cribbage, Ball Hockey, Mini Soccer, Baseball, Soccer, Badminton, Photography, Swimming, Beach Volleyball, Equestrian, Lacrosse, Pickleball, Flag Football, Mountain Biking, Weightlifting, Esports, Darts

Go Team Crowsnest!!



Register now at
southernalbertasummernames.ca